



**LONG BEACH  
CITY COLLEGE**

**NUTRITION & DIETETICS**

Nutrition and Dietetics Program Advisory Committee Minutes  
May 9, 2018 10:00 am to 11:00 a.m.  
Held at LBCC- LAC Campus Room F109

In attendance:

**Leadership:**

Dr. Kathleen Scott, Vice President of Academic Affairs, LBCC

Gene Carbonaro, Dean CTE, LBCC

Koby Moridzadeh, M.Ed., RDN, Director of Dietetics Program, LBCC

**Long Beach City College Faculty Members:**

Michelle Fino, Ed.D., RDN, Full time Dietetics Faculty

Becky Black, MFT, RDN, Full time Dietetics Faculty

Lilli Wells, MS, RDN, Adjunct Dietetics Faculty

Myra Bremen, MS., ATC, Adjunct Dietetics Faculty

**Outside Facilities- Industry Members:**

Cindy Juarez, DSS -Food Service Director -Alamitos Belmont Rehabilitation Hospital

Eric Koen, DSS, CDM -Food Service Director -College Hospital Medical Center

Linda Savage, DTR -Food Service Director -Community Hospital of Long Beach

Gracelynn Janolino, RDN -Clinical Nutrition Director- La Casa Mental Health Center

Paul John, CDM- Director of Food and Nutrition Department- La Casa Mental Health Center

Silje Bjorndal, M.S., R.D- Clinical Nutrition Manager -Lakewood Regional Medical Center

David Zito, Food Production Director- Long Beach Unified School District- Nutrition Services Branch

Elizabeth Batalao, RDN -Administrative Dietitian-Long Beach Unified School District- Nutrition Services Branch

Roseanne Heller, RDN - Dietitian Consultant, Private Practice

Dr. Manday Nezami, DrPH., RDN- Area director of Avanti Hospitals

Nichole Fontenot Thompson, DSS, NA -Lakewood health care/ Downey

Kevin Hoodward, DSS, NA- Health care industry-Long term care

Dr. Nima Berenji, PhD., CAS- Nutrition Researcher/adjunct faculty

Jana Nicholl, MS RDN, - Clinical Nutrition Manager- Kaiser Permanente Hospital-Downey

Elvia Dominguez, DSS, NA – Buena Ventura long term care

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The meeting was called to order at 10:10 a.m. Introductions were made and Spring 2017 minutes were approved.

Koby Moridzadeh thanked everyone on the committee for accepting our students in clinical field experience and expressed her gratitude in their participation on the advisory board meeting. Additionally, Koby announced the recent head department election result and Dr. Michelle Fino will be the chair for FACS department. Her term will start Fall 2018 and ends Spring 2021.

Vice President (VP) of Academic Affairs, Dr. Kathleen Scott provided update on recent cyber-attack at LBCC. She thanked everyone on the committee for attending and helping our students to achieve their academic and professional goals.

Koby Moridzadeh, and Michelle Fino, presented power point presentation/information on Spring 2018 agenda topics.

### **Koby Moridzadeh, M.Ed., RDN report:**

#### **Program Update and Curriculum Offered**

A brief history of the Dietetics program, as well as its' current status was provided. Our enrollment has dropped slightly. We are making an effort to increase enrollment by attending fairs, high schools' carrier nights, community events, and Family and Consumer Study Consortiums. The dip in enrollment has been seen college and state wide, and LBCC is making an effort to increase its' marketing. The dietetics program had full placement in employment. According to California Community Colleges Chancellor's Office the Dietetic Service Supervisor have been named as Strong Workforce Silver stars because have outstanding post-college outcomes in employment and earnings gains. Based on Strong Workforce Program Launch Board data, DSS program at LBCC received **Silver Stars** (attained threshold outcomes on two metrics: (1) 58% increase in earnings and (2) 100% of students are employed in a job similar to their field of study. All program students are actively applying for all available certificates offered by the dietetics program.

- **Dietetic Service Supervisor (DSS)** 29 units -All students in the DSS track are encouraged to pursue an Associates of Art (AA) degree. This program is due for review by California State Department of Public Health in Fall /Spring 2019.
- **Nutrition Assistance (NA)** 40 units- including the 29 DSS units plus AA requirement – This track is designed to award an AA degree.
- **AS-T degree** (Associate in Science for transfer) provides a number of benefits for students planning to transfer to the Cal State University (CSU). The students in the AST degree track will have to take FN20, FN21 and a few science related classes such as anatomy, chemistry and statistics. A student who finishes an AST degree in Nutrition and Dietetics has guaranteed admission into a CSU school with a similar major.
- **Formula Room Technician program (FRT)** - 13 units plus the math proficiency requirement and certificate of accomplishment. We will seek approval to change this certificate from accomplishment to certificate of Achievement and add one unit course- computer information competency (COSA1). All the advisory members were agreed and voted unanimously with this move to transition to certification of Achievement and add COSA1 course.
- **CDM (Certified Dietary Manager) eligibility** - Federal and State regulations (Title 42 Code of Regulation for Long Term Care) recognize the CDM credential as one of the qualifications necessary to be a director of food service in the health care facility. Our graduates of Nutrition Assistant (NA) program and DSS/AA degree will have met the pathway II requirements for eligibility for the Certified Dietary Manager (CDM) credentialing exam offered by the Dietary Manager Association. Concurrently, we are in the contact with the Association of Nutrition and Foodservice Professional (ANFP) to adapt CDM certificate to our program. This action will lead to higher rate of students' enrollment due to high demand in job market. The advantage of this move is that we will be staking in the direction of the future. All the advisory members were agreed and voted unanimously to transition to CDM certification.

## Curriculum Changes and Renaming:

The following changes were suggested to simplify navigating our program, selecting appropriate courses, avoiding repeatability, and to be better aligned with other colleges and the healthcare industry. After a review and discussion, the following curriculum changes were recommended and voted unanimously by all of the advisory committee members.

### Action and Approval

Current	Proposed Change	Action
FN236 Dietetics Seminar	FN 236 Dietetics Professional Development Seminar	Approved
FN253 Food Handlers	FN 253 ServSafe Food Protection Manager Certification	Approved
FN224 Sanitation, Safety, and Equipment	ServSafe Food Protection Manager Certification” course description	Approved
FN233 Special Topics	FN233 A, B, C, D Specific topics identified: A-Nutrition for Diabetes B-Nutrition for Heart Health C-Nutrition for Kidneys Health D- Nutrition for Digestive Health	Approved
FN230 ABC and FN240 ABC	FN230 A&B and FN240 A&B	Approved
Certificate of Accomplishment-Formula Room Technician	Certificate of Achievement- Formula Room Technician	Approved
COSA1 Computer information Competency	Required /added to Dietary Service Supervisor, and Formula Room Technician Certification Programs	Approved
FN250 Nutrition for Culinary Arts	FN250 Nutrition in Healthy cooking- advisory suggested name This item tabled to discuss in email and obtain approval.	No Action

### The Dietetics Program renaming:

The Dietetics Program renaming will better reflect the content of the program, courses, profession, and align with other colleges and the healthcare industry. The suggested program name change is from the Dietetics program to the Nutrition and Dietetics Program. All of the advisory members agreed and voted unanimously for this name change.

### Brochure renaming:

The Brochure renaming will better reflect the content of program, certifications, courses and profession, and align with other colleges and healthcare industry. The suggested pamphlet name change is from The Dietetics to the Nutrition and Dietetics. All of the advisory members agreed and voted unanimously for this name change.

### Strong Work Force Initiative:

Koby Moridzadeh started the application process for the project proposal, to create a new pathway for CTE/dietetics program which will lead to increase enrollment, competition, new credential, job placement

and increase wages. We are seeking funds for CDM certification adaption project. Our goal is to reach the gold stars states soon. Estimate funds needed for this project is between \$6000- \$10,000. This include, but are not limited to preliminary preparation, application process, instructor curriculum creation, review process, gather labor market information, test bank, software, conferences and seminars and more. All the advisory members were agreed and voted unanimously to transition to CDM certification project using workforce funds.

**Michelle Fino, Ed.D., RD report:**

Michelle Fion reported an update on some of our program courses and our current staffing. Three full-time faculty, eleven adjuncts faculty. Due to anticipated high enrollment with upgraded certificates (CDM, FRT) we may need additional adjuncts faculty to teach clinical as well as food production management courses.

**FN 20 (Nutrition for Life) Stats:** This course is identified as one of the top 20 courses at LBCC with respect to high enrollment. Spring 2018 offered 19 sections with 5 (26%) being web based, Summer 2018 will be offering 6 sections with 4 (67%) being web based, Fall 2018 will be offering 19 sections with 6 (33%) being web based, Winter 2019 will be offering 4 sections with 4 (100%) being web based. Currently we have 5 instructors who teach online courses.

**LBCC’s Nutrition and Dietetics Club:**

The students club created and supported by Koby Moridzadeh in Fall 2017. The club members participate in community events promoting healthy eating and good nutrition. The club Advisor, Koby Moridzadeh and Co-advisor, Michelle Fino.

The following courses update presented to the advisory committee by Michelle Fino.

Course #	Title	Past	Present- 2017-2018
FN 20	Nutrition for Life	F, SP, Su, W	Sat. course added in Spring 18
FN21	Food Selection & Meal Preparation	GE, yearly	Fall & Spring Well received
FN26	Nutrition for the Active Person Kinesiology Department Personal Trainer Certificate	GE, yearly	2x Fall & Spring 1x Summer
FN262	Cooking for Singles	2011	2018 well received
FN255C	Nutrition for Aging	2008	2018 well received
FN256	Weight Management, part of LBCC Associate Degree	Fall & Spring	2xFall & Spring

**Koby Moridzadeh, M.Ed., RDN, report continued**

**CMS (Center for Medicare and Medical Services) and CDPH (California Department of Public Heath updates:**

Koby Moridzadeh provided an update on new surveyor Academy from CDPH in conjunction with CMS for health care industry. Koby discussed in particulars about updated regulations and F-Tags, which

surveyors are now able to document a broader range of issues. Koby provided two documents on “Dining Observation” and “kitchen Observation” to the advisory members. The committee members then discussed various issues at their specific health care sites.

### **Food Lab Equipment:**

The dietetics program granted \$20,000 Perkins funds for calendar year 2017-2018. The following items were purchased. The cooking classes have all been upgraded with the new equipment included but not limited to the new industrial refrigerator, three electrical stoves, washer and dryer, freezer, air condition, pots and pan, color coded cutting board, industrial digital scale and some small appliances. Moreover, several educational videos/DVDs, food and anatomical models purchased for program courses. We have requested another \$20,000 Perkins funds for the academic year 2018-2019 to upgrade nutrition and dietetics program courses with the new equipment and software/computers due to the CDM certification adaption and to compliance with the state and federal regulations. Additional activities seeking funds included professional workshops for students and staff with industry guest speakers and national nutrition month awareness events.

The following new clinical site contracts was obtained and used in 2017/2018 fiscal year

- 1) Alamitos Belmont Rehabilitation Hospital- Long Beach
- 2) Bay Vista Convalescent Hospital- Downey
- 3) Buena Ventura Post-Acute Care Center- East Los Angeles
- 4) Kaiser Permanente- Downey
- 5) Katella Senior Living Community- Los Alamitos
- 6) Fountain Valley Regional Medical Center- Orange County
- 7) PIH Health Hospital Inc. (3 sites)
- 8) St. Jude Medical Center- Fullerton- Orange County
- 9) WIC Program, 3 branches in Long Beach
- 10) Long Beach VA Hospital – Long Beach

### **Promotion, Marketing and community activities**

Program director and some faculty members pa and nutrition club members participated in promotional and marketing events included but not limited to, Downey/Warren High School Career Night, CSULB-High Schools Career Night, LBUUSD Science Night, City of Long Beach 5 K Walk for Children, National Nutrition Month, LAC and PCC Campus, Lakewood Hospital, La Casa Medical Center, Professional development Seminar – Past, Present, Future Dietetic Professional, 11/2017.

Meeting was adjourned at 11:15 a.m., the next advisory meeting will be held in May 2019, date to be determined.